

Green Team Refresher Course

What worked best?

What tips would you
give new Green Team
Members?



What didn't work?

What would you
change if you could?



What kind of things go in the SHARE RACK?

What can not go in the SHARE RACK?

What kind of things are CONTAMINATION?

How do we keep ourself SANITARY?

What Kind of Leader are You?

Autocratic: It's the 'my way or the highway' approach;
one person decides, everyone follows!

Transformational: These leaders inspire you, pushing
boundaries and making everyone aim higher!

Laissez-Faire: Chill mode on; they trust their team,
giving them freedom and power to decide.

Democratic: Every voice counts! Let's vote and decide
together, folks.

Transactional: It's all about the deal - you do this,
you get that in return.

Servant: Here to serve! They put their team first,
always helping, supporting, and lifting others up.

Charismatic: With that magnetic charm, they captivate
and rally everyone with sheer personality!



Self Awareness

In self-leadership, you must know who you are, what you feel and how you present yourself in a room. To build self-awareness, you need to understand your emotions and how they influence your moods and behaviors.

Youth Empowerment

At the core of youth empowerment is the belief that you are capable of incredible things. When you have exposure to inspiring ideas and opportunities and the tools to build your confidence - you can take on anything and everything.

Listening

A good leader isn't the loudest person in the room — they're someone who listens to the perspectives of everyone. Active listening is a skill anyone can learn.

Inclusion

When people feel included, seen and valued, they're empowered to be an active teammate and do great work. Effective leaders know the value of including others, from fresh ideas to creating team camaraderie.

Self Awareness (Mood) Activity

"If your mood were the weather, what would it be? For example, if you're angry it could be a thunderstorm, or if you're happy it could be sunny."

What does it mean to be Empowered?

Explore your interests and potential. Getting curious is the first step to feeling empowered.

Read books and watch movies about a variety of pursuits and careers and see where your interests are. Ask questions like "Can you see yourself doing something like this?" When you take on a new experience, explore different ways you can build on this interest and deepen confidence in your ability to change the world.

How to Practice Active Listening!

- As the listener, you should pay attention — this means practicing not interrupting and engaging the speaker through eye contact.
- Active listening is all about understanding someone else's perspective. If you don't understand what someone is saying right away, you should practice saying something like, "Hey, would you say that differently? I don't understand."
- After the speaker shares, you should summarize what they heard back to the speaker. Are there any gaps? Did the speaker feel heard and understood?

How to Practice Inclusion!

- To encourage diverse voices that may be hesitant to speak up, kids can practice asking in group settings, "Does anyone else have any other ideas?" or "[Name], I saw you did something cool with this. Can you share with us?"
- Put that active listening skill to work and learn more about kids who are feeling left out and why. Is there an activity they can be invited to join or a role for them to play?

LEADERSHIP

